



SALT Newsletter

JULY 2024

Some exciting news!

After a long break due to Covid protocols, the SALT program is back up and running. We are happy to announce that our next program is at St. Patrick's Manor in Framingham, Mass from **March 10-14 or 17-21 2025**. Among many goals, this program aims to provide an opportunity to explore a career in geriatric care in a nursing home setting while working alongside the Carmelite Sisters for the Aging and Infirm and their staff members. Please visit our new website under the Our Program tab to explore what a typical program looks like.

Why Bridge the Generational Gap?

Working with elderly nursing home residents is a profoundly rewarding experience, enriched by the wisdom, resilience, and unique stories they bring to each interaction. One of the most heartening aspects is the opportunity to foster genuine connections and companionship. Despite physical limitations or cognitive impairments, these individuals often illuminate the day with their warmth and humor, reminding us of the enduring beauty of the human spirit. Engaging in activities together, whether it is reminiscing over past adventures or simply sharing a laugh, cultivates a sense of belonging and purpose for both residents and caregivers alike.

Moreover, there is a profound sense of fulfillment in being able to make a positive difference in their lives. Whether it is assisting with daily tasks, providing emotional support, or simply offering a listening ear, the impact of such gestures cannot be overstated. For many residents, the nursing home becomes their home away from home, and the staff members become like family. Knowing that one's presence and efforts contribute to their comfort and well-being instills a profound sense of fulfillment and purpose in the work.

Why bridge the generation gap?

Working with elderly nursing home residents provides a unique perspective on life and aging. Through their experiences and reflections, they offer invaluable insights into what truly matters in life – love, companionship, and the simple joys of each moment. Their resilience in the face of challenges serves as a source of inspiration, teaching us the importance of adapting to change with grace and dignity. In many ways, these interactions serve as a poignant reminder to cherish the present and embrace the connections that enrich our lives.



*You can
Make A
Difference*

*And the
Difference
Is
Love*



Apply Now!

Will we see you in Framingham, MA?

The SALT program is having a Service Program next Spring! Come to St. Patrick's Manor hosted by the Carmelite Sisters for the Aged and Infirm in Framingham, MA.

APPLY NOW! Go to www.salt-carmelite.org Or,

Contact: *Sr. Mary O'Donovan, O.Carm*

srmaryod@stmhcs.org

Yes, we are back!

